

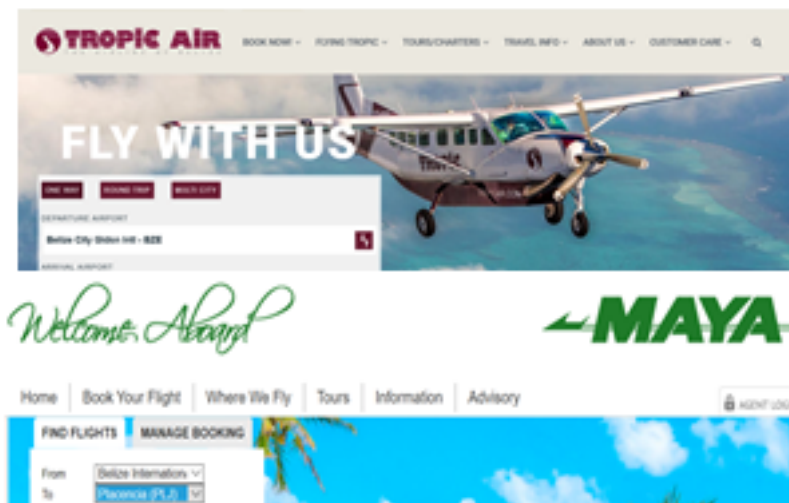
## The Sexually Confident Couple's Guide to Getting to Naia Resort & Spa

**Step 1:** Book flight to Philip S.W. Goldsen International Airport in Belize City, Belize.  
(We recommend setting an alert on a site such as [www.kayak.com](http://www.kayak.com) for the best fares possible.)

**Step 2:** Book travel from Belize City Airport to Placencia, Belize.

- **Option #1 – Fly to Placencia**

Make reservations for a puddle-jumper flight, which takes a total of approx. 30-40 minutes, and is a great experience for the not-so-faint of heart! This option costs approximately \$133 per person, round trip. The two companies that fly this route are Tropic Air ([www.tropicair.com](http://www.tropicair.com)) and Maya Island Air ([www.mayaislandair.com](http://www.mayaislandair.com)). An awaiting shuttle bus will transport you from Placencia to the Naia Resort & Spa.



- **Option #2 – Rent a Private Shuttle to Placencia**

Roam Belize ([www.roambelize.com](http://www.roambelize.com)) offers shuttle rides from Belize City airport to Placencia. The drive is almost 3 hours, and the drivers will describe Belize along the way. The cost is between \$240-\$280 (one way) for up to 3 people, and it's only an additional \$25 per additional passenger if you want to carpool with friends.



- **Option #3 – Join in on a “Group Shuttle Ride” to Placencia**

For maximum cost effectiveness, let us know if you’d like to share a “group shuttle” and we will coordinate the maximum number of passengers (9-15 based on the vehicle rented) within a reasonable time frame from your flight’s arrival. To make this request, email Dr. David Lawson at [david@renew-church.org](mailto:david@renew-church.org).



- **Option #4 – Rent a Private Car**

For the super adventurous, you can rent a car in Belize City. It is a very safe country to navigate, however, the travel down to Placencia from Belize City can be a long 3-hour drive, and there are many speed bumps along the highways to contend with. Yes, Belize controls traffic and speeds (even on their highways) with speed bumps. The drivers who are from Belize generally know where they are. For the rest of us, traveling could be difficult if you are going along and suddenly realize there is a speed bump on the highway!

The average price to rent a car for the whole trip is around \$200 - \$300. This is probably the least expensive choice for many of you, and would allow great freedom for those who “know that adventure is out there!” (Shameless plug for the Pixar movie, *Up*) But be careful. Driving in an unfamiliar country can be challenging. Get your international driver’s license (found in any AAA location) and familiarize yourself with the driving rules for Belize [www.belize.com/belize-driving-tips](http://www.belize.com/belize-driving-tips)



## For the **ADVENTUROUS** Sexually Confident Couple...

### WHAT CAN WE DO at NAIA?

- \* Bike Riding (free rentals)
- \* Kayaking (free rentals)
- \* Paddle Boarding (free rentals)
- \* Snorkeling (free rentals)
- \* Swimming (amazing pools!)
- \* Spa Treatments (fee-based)
- \* Lounging / Sunbathing
- \* Beach Combing

To see the endless possibilities of how to spend your free time during the workshop, go to [www.naiaresortandspa.com](http://www.naiaresortandspa.com) and click on the "Spa" and/or "Adventure" links.



### WHAT CAN WE DO in PLACENCIA?

- \* Waterfall Viewing
- \* Chocolate or Spice Farm Tours
- \* Scuba Diving
- \* Cave Exploration
- \* Zip-Lining
- \* Snorkeling
- \* Deep Sea Fishing
- \* River Tubing

If you want to come a few days early or stay a few days after the workshop to further explore Belize, we recommend you go to [www.TrulyWildBelize.com](http://www.TrulyWildBelize.com) for some ideas about how to maximize your FUN time together! David and Shannon had a blast on the "Cave Tubing & Xanantunich" tour!

